

# SEVENTH SUNDAY OF EASTER

May 21, 2023

Morning Prayer

10:30am



*The Ascension ~ Jorge Cocco*

St. Thomas Episcopal Church  
231 Sunset Ave.  
Sunnyvale, CA 94086  
408-736-4155 [www.stthomas-svale.org](http://www.stthomas-svale.org)

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May 21, 2023

Morning Prayer

10:30am

*Welcome to ZOOM worship at St. Thomas.  
This Sunday at 10:00am, you are invited to join us  
for open conversation before worship begins at 10:30am.*

*Now that most of us know how to use Zoom, the half hour before service usually  
dedicated to trouble-shooting will also be an open time to connect with one another. All  
are welcome. Just sign in as usual.*

*All others, at 10:20-10:25am Sunday, please connect to our worship meeting.*

*There are two ways to do this:*

*1. by computer or smartphone (video and audio):*

*You may access our ZOOM meeting on the following link:*

**<https://us02web.zoom.us/j/82690025101>**

*2. by telephone (audio only):*

*Dial +1 669 900 9128      Meeting ID: 826 9002 5101*

*When prompted for a participant number, touch the pound key #  
Notes for dial-in users: \*6 (star 6) to mute/unmute the audio from your phone  
to the meeting. This doesn't stop audio from the meeting to you.*

*\*9 (star 9) raise your hand to (hopefully) let someone else at the meeting know  
you'd like to speak. You may use \*9 again to lower your raised hand.*

*Note: For the sake of audio clarity, your mic will be muted on entry.*

*Please note: Regarding joining us on Zoom, we welcome newcomers and  
appreciate your **on-time** attendance. If you arrive more than 15 minutes after the  
service begins, our Zoom protocols may not permit your joining the service.  
Equally important, please be sure that your zoom account ID includes your first  
and last name. We look forward to seeing you.*

*We will begin with introductory remarks, announcements,  
and then worship with Morning Prayer together as one large body.*

*Following worship today please join us for a community gathering on Zoom.*

*When all are ready, the officiant will begin.*

## Announcements

[https://docs.google.com/document/d/1M\\_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg/edit?usp=sharing](https://docs.google.com/document/d/1M_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg/edit?usp=sharing)

## The Blessing of Birthdays & Anniversaries



### Opening Hymn

#### *Immortal, Invisible God Only Wise*

Abby O'Connell, vocal

Michele Elizabeth Kemmerling, piano

*Zoom participants are welcome to sing along with the vocal. Please stay muted.*

*1. Immortal, invisible God only wise,  
In light inaccessible hid from our eyes  
Most blessed, most glorious, the Ancient of Days  
Almighty, victorious, thy great name we praise.*

*2. Unresting, unhasting, and silent as light  
Nor wanting, nor wasting, thou rulest in might  
Thy justice like mountains high-soaring above,  
Thy clouds which are fountains of goodness and love*

*3. To all life thou givest, to both great and small  
In all life thou livest, the true life of all.  
We blossom and flourish like leaves on the tree  
Then wither and perish but nought changeth thee.*

### The Peace

Officiant: The peace of God be always with you.

People: **And also with you.**

*Let us greet one another with a namaste of peace.*

*The bell tolls and the officiant continues.*

## Eastertide opening sentence

*Enriching Our Worship 1*

Officiant: If anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!

*2 Corinthians 5:17, NRSV*

## Opening versicle

Officiant: O Lord let our mouths proclaim your praise

**People: And your glory all the day long.**

*Doxology*

**All: Praise to the holy and undivided Trinity, one God:  
as it was in the beginning, is now, and will be for ever. Amen.**

## Eastertide Antiphon

V. Alleluia. Christ is risen.

**R. O come let us worship. Alleluia.**

## Invitatory Psalm: Venite *Psalm 95:1-7*

Come, let us sing to the Lord; \*  
**let us shout for joy to the Rock of our salvation.**

Let us come before his presence with thanksgiving \*  
**and raise a loud shout to him with psalms.**

For the Lord is a great God, \*  
**and a great King above all gods.**

In his hand are the caverns of the earth, \*  
**and the heights of the hills are his also.**

The sea is his, for he made it, \*  
**and his hands have molded the dry land.**

Come, let us bow down, and bend the knee, \*  
**and kneel before the Lord our Maker.**

For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*

**Oh, that today you would hearken to his voice!**

## The Gloria

*Gather* #199

### Gloria

Members of the St. Thomas Choir  
Michele Elizabeth Kemmerling, piano

*Zoom participants are welcome to sing along with the Gloria. Please stay muted.*

1 Dm Gm C F 2 Dm Gm C F *Music: Jacques Berthier, 1982*

Glo - ri - a, glo - ri - a, in ex - cel - sis De - o!  
Glo-ry to God, glo-ry to God, glo - ry in the high - est!

3 Dm Gm C F 4 Dm Gm C F

Glo - ri - a, glo - ri - a, al - le - lu - ia, al - le - lu - ia!  
Glo-ry to God, glo-ry to God, al - le - lu - ia, al - le - lu - ia!

*This Gloria may be sung as a round*

## Psalm 68:1-10, 33-36

*The congregation may join in singing the refrain,  
please stay muted.*


*Refrain:*

Sing to God, O king-doms of the earth; sing praises to the Lord.

Let God arise, and let his enemies be scattered;  
let those who hate him flee before him.

Let them vanish like smoke when the wind drives it away;  
as the wax melts at the fire, so let the wicked perish at the presence of God.  
But let the righteous be glad and rejoice before God; \*  
let them also be merry and joyful. *Refrain*

*Refrain:*




Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

Sing to God, sing praises to his Name;  
exalt him who rides upon the heavens;  
YAHWEH is his Name, rejoice before him!

Father of orphans, defender of widows,  
God in his holy habitation!

God gives the solitary a home and brings forth prisoners into freedom;  
but the rebels shall live in dry places. *Refrain*

*Refrain:*




Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

O God, when you went forth before your people,  
when you marched through the wilderness,

The earth shook, and the skies poured down rain,  
at the presence of God, the God of Sinai,  
at the presence of God, the God of Israel. *Refrain*

*Refrain:*



Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

You sent a gracious rain, O God, upon your inheritance;  
you refreshed the land when it was weary.

Your people found their home in it;  
in your goodness, O God, you have made provision for the poor.

*Refrain*



Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

Sing to God, O kingdoms of the earth;  
sing praises to the Lord.

He rides in the heavens, the ancient heavens;  
he sends forth his voice, his mighty voice. *Refrain*



Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

Ascribe power to God; his majesty is over Israel;  
his strength is in the skies.  
How wonderful is God in his holy places!  
the God of Israel giving strength and power to his people!  
Blessed be God! *Refrain*



Sing\_ to\_ God, O\_ king-doms of the earth; sing\_ prai-ses to\_ the Lord.

# The Lessons

## The First Lesson: Acts 1:6-14

Lector: A reading from the book of Acts.

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Lector: Hear what the Spirit is saying to the Churches.

**People: Thanks be to God**

## Canticle P A Song of the Spirit *Revelation 22:12-17*

“Behold, I am coming soon,” says the Lord, “and bringing my reward with me, \*

**to give to everyone according to their deeds.**

“I am the Alpha and the Omega, the first and the last, \*  
**the beginning and the end.”**



Blessed are those who do God's commandments, that they may have the right to the tree of life, \*

**and may enter the city through the gates.**

"I, Jesus, have sent my angel to you, \*

**with this testimony for all the churches.**

"I am the root and the offspring of David, \*

**I am the bright morning star."**

"Come!" say the Spirit and the Bride; \*

**"Come!" let each hearer reply!**

Come forward, you who are thirsty, \*

**let those who desire take the water of life as a gift.**

**The Epistle:            1 Peter 4:12-14; 5:6-11**

Lector: A reading from the first letter to Peter.

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Lector: Hear what the Spirit is saying to the Churches.

**People: Thanks be to God**

## **The Gospel:                      John 17-1-11**

Gospeler: The Holy Gospel of Our Lord Jesus Christ

   according to John

Jesus looked up to heaven and said, “Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

“I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.”

Lector:    The Gospel of the Lord

People:    **Praise to you. Lord Christ**

## **Sermon**

*There will be a period of silence for meditation.*

## **Anthem**

Elaine Hagenberg

### **O Love**

Members of the St. Thomas Choir  
Michele Elizabeth Kemmerling, piano

## The Prayers

Officiant: God be with you.

People: **And also with you.**

Officiant: Let us pray.

## The Lord's Prayer

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen**

## The Apostles' Creed

Celebrant and People:

**I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.**

## **The Suffrages**

**EOW1**

V. Help us, O God our Savior;

**R. Deliver us and forgive us our sins.**

V. Look upon your congregation;

**R. Give to your people the blessing of peace.**

V. Declare your glory among the nations;

**R. And your wonders among all peoples.**

V. Do not let the oppressed be shamed and turned away;

**R. Never forget the lives of your poor.**

V. Continue your loving-kindness to those who know you;

**R. And your favor to those who are true of heart.**

V. Satisfy us by your loving-kindness in the morning;

**R. So shall we rejoice and be glad all the days of our life.**

## **The Collects**

### **Collect for the Seventh Sunday of Easter**

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

## Prayers of the People

from *Liturgy for the Whole Church* by Susan K. Bock

Leader: Awake, O Sleeper, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change to your church, O God,  
that we might serve you with courage and grace.

Awake, O Church, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change to your world, O God,  
that all might know the goodness of your love.

Awake, O World, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change to our nation, O God,  
that each person might share and honor the other.

Awake, O People, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change for the suffering, O God,  
that they might know your saving help.

Awake, O Sorrowful, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change to even the departed, O God,  
that they might forever grow in your likeness.

Awake, O Saints, rise from death,

**People: And Christ will give you life!**

Leader: Bring newness and change to our hearts, O God,  
that we might grow larger in faith and hope.

Awake, O Soul, rise from death,

**People: And Christ will give you life!**

Leader: Awake, O Sleeper, rise from death, for Christ has burst forth  
from the tomb, making all things new. Rise and live, says the  
Lord. This day God has made for life and all joy! Amen,  
Alleluia!

**People: Alleluia, amen!**

*Officiant adds blessing.*

**Celebrant:** May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing. **Amen.**

May God, who through the water of baptism has raised us from sin into newness of life, make you holy and worthy to be united with Christ for ever. **Amen.**

May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer, bring you to your eternal inheritance. **Amen.**

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

**Concluding Sentence****EOW1**

**Officiant:** Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

*Ephesians 3:20,21*

**Closing music**

Elaine Hagenberg

[The Meditations of My Heart](#)

Members of the St. Thomas Choir  
Michele Elizabeth Kemmerling, piano

**The Dismissal**

**People:** Go in peace to love and serve the Lord. Alleluia! Alleluia!  
**Thanks be to God. Alleluia! Alleluia!**



## Serving today

**Celebrant:** The Rev. Salying Wong  
**Preacher:** The Rev. Trish Cunningham  
**Deacon:** The Rev. Bertram Nagarajah  
**Intercessor/Responder:** Joe Gutierrez  
**Readers:** Lou Poulain, John Pietrzyk  
**Cantor:** Patricia Pietrzyk  
**Zoom host:** Abby O'Connell

### Preaching today: **The Rev. Trish Cunningham**

is a bi-vocational priest who also currently works as a licensed psychotherapist and relationship counselor. She previously served as the vicar of Trinity St-Peter's, San Francisco, interim rector at St. John's, Boulder, CO and associate priest at St. Paul's, Greenwich, CT. Ordained in 2007, Trish is the grateful parent of four adult daughters and grandmother to two adorable grand-daughters. Pictures are viewable upon request. A former resident of Santa Clara and dropout of Santa Clara Law School, Trish is thrilled to return to Sunnyvale- the OG Silicon Valley.

An updated **Announcement page** is available on line at  
[https://docs.google.com/document/  
d/1M\\_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg](https://docs.google.com/document/d/1M_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg)  
and updates of various parish events and activities may also be  
found on our website at [www.stthomas-svale.org](http://www.stthomas-svale.org)

### Parish Mission Statement

St. Thomas is joyfully on the way!  
We are becoming whom Jesus calls us to be:  
a spiritually-centered community dedicated to creating connections  
with God, each other, and our neighbors,  
so that we might walk together with love toward justice, compassion, and hope.

THE VESTRY OF ST. THOMAS EPISCOPAL CHURCH, SUNNYVALE

Abby O’Connell, **Senior Warden**  
Joe Gutierrez, **Junior Warden**

2023  
Pat Dare  
Breno DeMedeiros  
Abby O’Connell

2024  
Nancy Allgeier  
Gage McKinney  
Rita Welsh

2025  
Joe Gutierrez  
Dena Ware  
Emilee Wilhelm-Leen

Gage McKinney, **Clerk**

DELEGATES TO CONVENTION

Stephanie Daugherty    Hugo Lopez-Laguna    Mabel Cheng    Sherene Nagarajah

St. Thomas website: [www.stthomas-svale.org](http://www.stthomas-svale.org)

# Welcome

*St. Thomas' Parish is a reconciling, affirming, and inclusive Christian community striving through worship, love, and service to welcome all people just as God created them. No matter where you are on your journey of faith, and whether you are single, married, divorced, separated, or partnered, our welcome knows no boundaries of age, race, ethnicity, culture, gender identity and gender expression, sexual orientation, economic condition, physical, or mental ability. God delights in the diversity of creation, and so do we!*

**Rector:** The Rev. Salying Wong.....[pastorsalying@stthomas-svale.us](mailto:pastorsalying@stthomas-svale.us)  
or 510-478-3554

**Deacon:** The Rev. Bertram Nagarajah.....[bertramemail@gmail.com](mailto:bertramemail@gmail.com)

**Treasurer:** Jim Cobb.....[Finance@stthomas-svale.org](mailto:Finance@stthomas-svale.org)

**Parish Administrator:** Anne Buelteman.....[office@stthomas-svale.org](mailto:office@stthomas-svale.org)

**Family Ministry Director.:** Susan Beckham.....[family\\_ministry@stthomas-svale.org](mailto:family_ministry@stthomas-svale.org)

**Library and Resource Center Coordinator:** Carol Campbell .....[resourcecenter@stthomas-svale.org](mailto:resourcecenter@stthomas-svale.org)

**Music Director:** Patricia Pietrzyk,..... [patriciapietrzyk@gmail.com](mailto:patriciapietrzyk@gmail.com)

**Newsletter Editor:** Anne Buelteman..... [office@stthomas-svale.org](mailto:office@stthomas-svale.org)

**Organist:**

**Our Daily Bread (ODB) Coordinator:** David Barnes.....408-736-4108, [odb@stthomas-svale.org](mailto:odb@stthomas-svale.org)

## IN CASE OF AN EMERGENCY

If you or a loved one is in urgent need of pastoral care (hospitalization, death in the family, etc.), PLEASE CALL US.

(The hospital does not always automatically notify the parish)

The Rev. Salying Wong, Rector.....510-478-3554

Parish Office.....408-736-4155

If there is no answer, please leave a message.

You may invite prayers online through The Intercessory Prayer Chain  
at [prayerchain@stthomas-svale.org](mailto:prayerchain@stthomas-svale.org)