

Second Sunday in Lent

March 5, 2023

Morning Prayer EOW1, 10:30am

IN THIS WAY, GOD LOVED THE
ΚΟΣΜΟΣ...

(JOHN 3: 16)

κόσμος

Greek: Kosmos. the universe; all that is

St. Thomas Episcopal Church
231 Sunset Avenue
Sunnyvale, CA 94086

408-736-4155
www.stthomas-svale.org

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March 5, 2023

Morning Prayer EOW1, 10:30am

*Welcome to ZOOM worship at St. Thomas.
This Sunday at 10:00am, you are invited to join us
for open conversation before worship begins at 10:30am.*

*Now that most of us know how to use Zoom, the half hour before service usually
dedicated to trouble-shooting will also be an open time to connect with one another. All
are welcome. Just sign in as usual.*

All others, at 10:20-10:25am Sunday, please connect to our worship meeting.

There are two ways to do this:

1. by computer or smartphone (video and audio):

You may access our ZOOM meeting on the following link:

<https://us02web.zoom.us/j/82690025101>

2. by telephone (audio only):

Dial +1 669 900 9128 Meeting ID: 826 9002 5101

*When prompted for a participant number, touch the pound key #
Notes for dial-in users: *6 (star 6) to mute/unmute the audio from your phone
to the meeting. This doesn't stop audio from the meeting to you.
*9 (star 9) raise your hand to (hopefully) let someone else at the meeting know
you'd like to speak. You may use *9 again to lower your raised hand.
Actual connection time may take several minutes; please be patient.*

*Once you are connected, your face (or phone number) should appear
in a square on your screen, as will the faces of others who have signed in,
including **Lou Poulain**, who will lead worship this morning
while Pastor Salyng is on Lenten retreat*

Note: For the sake of audio clarity, your mic will be muted on entry.

*We will begin with introductory remarks, announcements,
and then worship with Morning Prayer together as one large body.*

After the liturgy, all are invited to stay for a community gathering.

*You may print the order of service from this document,
OR you may follow along when the order of service appears on the screen.*

When all are ready, the officiant will begin.

Announcements

https://docs.google.com/document/d/1M_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg/edit?usp=sharing

The Blessing of Birthdays & Anniversaries



Opening music

Hymnal #142

[Lord, Who Throughout These Forty Days](#)

Susan McVey, soprano Dorothy Furgerson, alto
Ian Fugate, tenor Jeremy Smith, bass
Michele Elizabeth Kemmerling, piano

The Peace

Officiant: The peace of God be always with you.

People: **And also with you.**

Let us greet one another with a namaste of peace.

The bell tolls and the officiant continues.

Lent opening sentence

Officiant: Rend your hearts and not your garments. Return to the Lord your God, for he is gracious and merciful, slow to anger and abounding in steadfast love, and repents of evil.

Joel 2:13

The Confession

Officiant: Let us confess our^lsins to God.

All: **God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Officiant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Opening versicle

Enriching Our Worship 1

Officiant: O God, let our mouth proclaim your praise.

People: And your glory all the day long.

Doxology

**All: Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever.
Amen.**

Antiphon

V. Our God is full of compassion and mercy.

R. O come let us worship.

Invitatory Psalm: Venite *Psalm 95:1-7*

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.

In his hand are the caverns of the earth, *
and the heights of the hills are his also.

The sea is his, for he made it, *
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Psalm 121

The congregation may join the choir in singing the refrain—please stay muted.

Refrain:



My help_ comes_ from the Lord_ the_ mak-er of heav'n and_ earth.

I lift up my eyes to the hills;
from where is my help to come?

My help comes from the LORD,
the maker of heaven and earth. *Refrain*

Refrain:



My help_ comes_ from the Lord_ the_ mak-er of heav'n and_ earth.

He will not let your foot be moved
and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel
shall neither slumber nor sleep; *Refrain (as above)*

The LORD himself watches over you;
the LORD is your shade at your right hand,

So that the sun shall not strike you by day,
nor the moon by night. *Refrain*

Refrain:



My help_ comes_ from the Lord_ the_ mak-er of heav'n and_ earth.

The LORD shall preserve you from all evil;
it is he who shall keep you safe.

The LORD shall watch over your going out and your coming in,
from this time forth for evermore. *Refrain*

Refrain:



My help_ comes_ from the Lord_ the_ mak-er of heav'n and_ earth.

The Lessons

The First Lesson Genesis 12:1-4a

Lector: A reading from the book of Genesis.

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the LORD had told him; and Lot went with him.

Lector: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Canticle 13: A Song of Praise

Song of the Three Young Men, 29-34

Glory to you, Lord God of our parents; *

you are worthy of praise; glory to you.

Glory to you for the radiance of your holy Name; *

we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; *

on the throne of your majesty, glory to you.

Glory to you, seated between the Cherubim; *

we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; *

in the high vault of heaven, glory to you.

Glory to you, Father, Son, and Holy Spirit; *

we will praise you and highly exalt you for ever.

The Epistle: Romans 4:1-5, 13-17

Lector: A reading from the letter to the Romans

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Lector: Hear what the Spirit is saying to the churches.

People: **Thanks be to God**

Canticle 21 **You Are God** *Te Deum laudamus*

read in unison

**You are God: we praise you;
You are the Lord; we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
 Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
 Father, of majesty unbounded,
 your true and only Son, worthy of all worship,
 and the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
the eternal Son of the Father.
When you became man to set us free
you did not shun the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come and be our judge.
 Come then, Lord, and help your people,**

only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil.”

Gospeler: The Gospel of the Lord

People: Praise to you Lord Christ

The Homily:

There will be a time of silence for reflection.

Anthem

Ennio Morricone

[Gabriel's Oboe](#)

Maretha Davel, oboe
Benjamin Belew, piano

The Apostles' Creed

Celebrant and **People:**

**I believe in God, the Father almighty,
creator of heaven and earth;**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

Officiant: God be with you.

People: And also with you.

Officiant: Let us pray.

The Lord's Prayer

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen**

The Collects

Collect for the Second Sunday in Lent

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

Prayers of the People

Form I

Leader: With all our heart and with all our mind,
let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God,
and for the salvation of our souls, let us pray to the Lord.

People: Lord, have mercy.

Leader: For the peace of the world, for the welfare of the holy Church of
God, and for the unity of all peoples,
let us pray to the Lord.

People: Lord, have mercy.

Cycles of Prayers are added here

Leader: For our Bishop, and for all the clergy and people,
let us pray to the Lord.

People: Lord, have mercy.

Leader: For our President, for the leaders of the nations, and for all in
authority, let us pray to the Lord.

People: Lord, have mercy.

Leader: For this city of Sunnyvale, and for every city and community,
and for those who live in them, let us pray to the Lord.

People: Lord, have mercy.

Leader: For seasonable weather, and for an abundance of the fruits of the
earth, let us pray to the Lord.

People: Lord, have mercy.

Leader: For the good earth which God has given us, and for the wisdom and
will to conserve it, let us pray to the Lord.

People: Lord, have mercy.

Leader: For those who travel on land, on water, or in the air,
let us pray to the Lord.

People: Lord, have mercy.

Leader: For the aged and infirm, for the widowed and orphans, and for the
sick and the suffering, let us pray to the Lord.

People: Lord, have mercy.

Prayers for healing may be added here

Leader: For the poor and the oppressed, for the unemployed and the
destitute, for prisoners and captives, and for all who remember and
care for them, let us pray to the Lord.

People: Lord, have mercy.

Leader: For all who have died in the hope of the resurrection, and for all the
departed, let us pray to the Lord.

People: Lord, have mercy.

Prayers for the departed may be added here.

Leader: For deliverance from all danger, violence, oppression, and
degradation, let us pray to the Lord.

People: Lord, have mercy.

Leader: For the absolution and remission of our sins and offenses,
let us pray to the Lord.

People: Lord, have mercy.

Leader: That we may end our lives in faith and hope, without suffering and
without reproach, let us pray to the Lord.

People: Lord, have mercy.

Leader: Defend us, deliver us, and in thy compassion protect us,
O Lord, by thy grace.

People: Lord, have mercy.

Prayers of thanksgiving maybe added here.

Leader: In the communion of Thomas and of all the saints, let us
commend ourselves, and one another, and all our life, to Christ our
God.

People: To thee, O Lord our God.

Silence

Officiant: Almighty and eternal God, ruler of all things in heaven and earth:
Mercifully accept the prayers of your people, and strengthen us to
do your will; through Jesus Christ our Lord. **Amen.**

The Blessing

Book of Occasional Services

Officiant: Let us bow down before the Lord.

Please bow or kneel.

Grant, Almighty God, that your people may recognize our
weakness and put our whole trust in your strength, so that we
may rejoice for ever in the protection of your loving
providence; through Christ our Lord.

All: Amen.

Concluding Sentence

EOW1

Officiant: Glory to God whose power, working in us, can do infinitely
more than we can ask or imagine: Glory to God from
generation to generation in the Church, and in Christ Jesus for
ever and ever. **Amen.**

Ephesians 3:20,2

The Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

Parker Ramsay

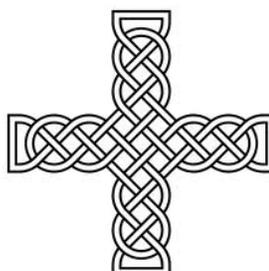
[I Will Lift Up Mine Eyes](#)

SJMP lic#20852

Serving us at 10:30 am

Officiant & Preacher: Lou Poulain, LLP
Deacon: The Rev. Bertram Nagarajah
Responder/Intercessor: Ann Kopischke
Cantor: John McVey
Lectors: John McVey, Susan McVey

Zoom Host: Pam Storrer



An updated **Announcement page** is available on line at
[https://docs.google.com/document/
d/1M_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg](https://docs.google.com/document/d/1M_iFUN25FBuxOVTr0UKw6mokVcdE9iNII9RFrPIKNAg)

and updates of various parish events and activities may also be
found on our website at www.stthomas-svale.org

Parish Mission Statement

St. Thomas is joyfully on the way!

We are becoming whom Jesus calls us to be: a spiritually-centered
community dedicated to creating connections with God, each other, and
our neighbors, so that we might walk together with love
toward justice, compassion, and hope.

THE VESTRY OF ST. THOMAS EPISCOPAL CHURCH, SUNNYVALE

Abby O'Connell, **Senior Warden**
Joe Gutierrez, **Junior Warden**

2023
Pat Dare
Breno DeMedeiros
Abby O'Connell

2024
Nancy Allgeier
Gage McKinney
Rita Welsh

2025
Joe Gutierrez
Dena Ware
Emilee Wilhelm-Leen

Gage McKinney, **Clerk**

DELEGATES TO CONVENTION

Stephanie Daugherty Hugo Lopez-Laguna Mabel Cheng Sherene Nagarajah

St. Thomas website: www.stthomas-svale.org

Welcome

St. Thomas' Parish is a reconciling, affirming, and inclusive Christian community striving through worship, love, and service to welcome all people just as God created them. No matter where you are on your journey of faith, and whether you are single, married, divorced, separated, or partnered, our welcome knows no boundaries of age, race, ethnicity, culture, gender identity and gender expression, sexual orientation, economic condition, physical, or mental ability. God delights in the diversity of creation, and so do we!

Rector: The Rev. Salying Wong.....pastorsalying@stthomas-svale.us
or 510-478-3554

Deacon: The Rev. Bertram Nagarajah.....bertramemail@gmail.com

Treasurer: Jim Cobb.....Finance@stthomas-svale.org

Parish Administrator: Anne Buelteman.....office@stthomas-svale.org

Family Ministry Director.: Susan Beckham.....family_ministry@stthomas-svale.org

Library and Resource Center Coordinator: Carol Campbellresourcecenter@stthomas-svale.org

Music Director: Patricia Pietrzyk,..... patriciapietrzyk@gmail.com

Newsletter Editor: Anne Buelteman..... office@stthomas-svale.org

Accompanist: Michele Elizabeth Kemmerling

Our Daily Bread (ODB) Coordinator: David Barnes.....408-736-4108, odb@stthomas-svale.org

IN CASE OF AN EMERGENCY

If you or a loved one is in urgent need of pastoral care (hospitalization, death in the family, etc.), PLEASE CALL US.

(The hospital does not always automatically notify the parish)

The Rev. Salying Wong, Rector..... 510-478-3554

Parish Office.....408-736-4155

If there is no answer, please leave a message.

You may invite prayers online through The Intercessory Prayer Chain
at prayerchain@stthomas-svale.org